



London Academy PSHE / RSE Policy

#We are the Future

Approved By:	Emily Olot
Position:	Director
signed:	
Date:	March 2025
Proposed Review Date:	August 2026
Review Team:	Head of schools



London Private Academy PSHE / RSE Policy

Vision:



Mission Statement:

Empowering children with 21st-century skills.

Providing a happy, safe, and caring environment for all individuals.

Promoting learning through project-based and technology-based tools.

Delivering an exciting curriculum while fostering high self-esteem and respect.

Partnering with parents to develop children educationally, morally, spiritually, physically and socially.



1. Rationale and Cultural Context

This PSHE and RSE Policy is fundamental to London Academy's commitment to supporting the holistic development of all students, ensuring they become responsible, well-rounded, and resilient global citizens. The rationale is to provide a curriculum that equips pupils with the knowledge, understanding, attitudes, values, and skills necessary for a healthy, safe, and fulfilling life.

Compliance and Cultural Sensitivity

The delivery of all PSHE and RSE content is strictly governed by Moroccan culture and national laws. London Academy ensures that the curriculum respects the prevailing religious and social values of the Kingdom of Morocco.

- Content will be delivered in a manner that is age-appropriate, faith-sensitive, and legally compliant.
 - Certain specific issues or topics are not covered in the curriculum to ensure adherence to Moroccan cultural and legal frameworks.
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2. Aims of the PSHE/RSE Policy

- **Safety and Wellbeing:** To provide students with the knowledge and skills necessary to keep themselves safe, identify risks, understand healthy relationships, and seek appropriate support.
 - **Moral and Social Development:** To foster strong moral principles, mutual respect, tolerance, and an understanding of social responsibility within the local and international community.
 - **Healthy Lifestyles:** To promote mental, emotional, and physical health, enabling students to make informed decisions about their wellbeing.
 - **Cultural Compliance:** To deliver all content in a manner that is fully respectful of and compliant with Moroccan law and cultural values.
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3. Key Terminology

Term	Definition at London Academy
PSHE	Personal, Social, Health, and Economic Education: A planned programme of learning opportunities and experiences which promotes student development and addresses statutory safeguarding and citizenship requirements.
RSE	Relationships and Sex Education: Education that helps children and young people develop safe, healthy, and consensual relationships and understand the physical and emotional changes associated with growth, puberty, and human reproduction.
Safeguarding	Protecting children from maltreatment and ensuring children grow up in circumstances consistent with the provision of safe and effective care. PSHE/RSE is a key delivery mechanism for safeguarding education.
Wellbeing	A state of physical, mental, and social health achieved through personal resilience, positive relationships, and effective coping strategies.



4. Implementation and Curriculum Integration

The delivery of PSHE and RSE is tailored to the developmental needs and maturity of the students across the school.

Key Stage	Years	Implementation Strategy
Primary (KS1 & KS2)	Years 1–6	Dedicated Subject Time: PSHE and RSE content is delivered through dedicated weekly lessons, integrated cross-curricular activities, and assemblies. Wellbeing is explicitly taught as a subject to foster emotional literacy, self-care, and resilience from an early age.
Key Stage 3 (KS3)	Years 7–9	Integrated Delivery: Core RSE topics, including aspects of relationships, emotional health, and online safety, are covered during Form Time activities and PSHE lessons. Specific biological topics, such as human reproduction and physical development, are taught within the structured Science curriculum.
Key Stage 4 & 5 (KS4 & KS5)	Years 10–13	Contextualised Learning: PSHE content focuses on economic well-being, careers, citizenship, and preparing for life after school. RSE topics are discussed within the context of legal and social responsibilities and integrated into relevant Science and Humanities subjects.



5. Parental Rights and Opt-Out Provision

London Academy operates an open and communicative approach regarding PSHE and RSE content.

Parental Consultation and Information

The school provides parents with an overview of the RSE curriculum content for each Key Stage, allowing them to discuss the topics with their children and understand the context of the school's provision.

Opt-Out Procedure

- Parents have the right to request that their child be withdrawn from the specific, non-statutory components of the Sex Education element of RSE.
 - To exercise this right, parents must submit a formal, signed letter addressed to the Head of School, detailing the specific lessons or topics they wish their child to be withdrawn from.
 - Upon receipt of the signed letter, the school will ensure the student is provided with alternative, supervised educational activities that reinforce other core PSHE objectives during the withdrawn time.
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6. Policy Review

This PSHE and RSE Policy will be reviewed annually by the Safeguarding Committee, the Senior Leadership Team, and the Director. The review will ensure the policy remains age-appropriate, culturally sensitive, aligned with best safeguarding practice, and compliant with all relevant Moroccan national laws.